

Dissolved iron transport pathways in the Ross Sea: Influence of tides and mesoscale eddies in a regional ocean model

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Abstract

Phytoplankton production in the Ross Sea is regulated by the availability of dissolved iron (dFe), a limiting micro-nutrient, whose sources include Circumpolar Deep Water, sea ice melt, glacial melt, and benthic sources (sediment efflux and remineralization). We develop a passive tracer dye to model the benthic dFe sources and track pathways from deep areas of the continental shelf to the surface mixed layer in simulations with and without tidal forcing, and at eddy permitting and eddy resolving resolutions. This, combined with dyes for each of the other dFe sources, provides an estimate of total dFe supply to surface waters. We find that tidal forcing increases the amount of benthic dye that covers the banks on the continental shelf and the dye that intrudes under the Ross Ice Shelf. Calculations of mixed layer depth to define the surface ocean give similar average values over the shelf, but spatial patterns differ between simulations, particularly along the ice shelf front. Benthic dFe supply in simulations shows an increase with tidal forcing and a

decrease with higher resolution. The changes in benthic dFe supply control the difference in total supply between simulations. Overall, the total dFe supply from simulations varies from 5.60 to 7.95 $\mu\text{mol m}^{-2} \text{ yr}^{-1}$, with benthic supply comprising 32-50%, comparing well with recent data and model synthesis. We suggest that including tides and resolving mesoscale eddies is important, especially when considering spatial variability of iron supply on the Ross Sea shelf.

Keywords: Ross Sea, Tides, Mesoscale Eddies, Modelling, Tracers

1 Introduction

2 The Ross Sea, Antarctica is home to a unique ecosystem (Smith et al.,
3 2007). Each spring, a significant phytoplankton bloom starts in the Ross
4 Sea polynya, and spreads to other areas as the sea ice melts, making the
5 Ross Sea among the most productive region in the Southern Ocean (Ar-
6 rigo et al., 2008). The phytoplankton are dominated by diatom species and
7 *Phaeocystis Antarctica*, which provide food for larger plankton, including a
8 keystone species of the region, Antarctic krill (*Euphausia superba*) (Smith
9 et al., 2007). These lower trophic levels support a variety of top predators,
10 including penguins, seals, fish, birds, and whales.

11 Annual primary production by phytoplankton is limited by the availabil-
12 ity of dissolved iron (dFe), an essential micro-nutrient (Tagliabue and Arrigo,
13 2005; Sedwick et al., 2011). Deep mixing over the winter months sets up a
14 reserve of dFe in the surface ocean, ready to be used by phytoplankton once
15 there is sufficient solar radiation, and then drawn down to growth limiting
16 concentrations ($\sim[0.1]\text{nM}$) during spring and summer. Four major sources

17 of dFe to surface waters in the Ross Sea are: glacial melt water, sea ice
18 melt water(including atmospheric deposition on sea ice), Circumpolar Deep
19 Water (CDW), and benthic sources (which can include a direct efflux from
20 sediments and remineralization) (McGillicuddy et al., 2015). The transport
21 of dFe to the surface waters and the subsequent characteristics of the spring
22 bloom are likely influenced by local, mesoscale processes, such as icebergs,
23 sea ice melt, and eddies (Boyd et al., 2012). Thus, the entire ecosystem in
24 this area is heavily influenced by the physical processes that bring dFe to
25 surface waters.

26 Tides and mesoscale eddies have small temporal and small spatial scales,
27 respectively, that should influence the amount of dFe supplied to the surface
28 mixed layer (SML). In the Ross Sea, tidal flows reach up to 1 ms^{-1} near the
29 continental shelf break (Padman et al., 2009), enhancing cross slope water
30 exchange and increasing the amount of CDW advected onto the shelf (Wang
31 et al., 2013). Tidal rectification has been shown to increase basal melting
32 rates of the Ross Ice Shelf (MacAyeal, 1985; Arzeno et al., 2014), potentially
33 increasing glacial contributions of dFe supply. Similar mechanisms have been
34 demonstrated for nearby shelf seas, where tides cause intensification of under
35 ice shelf circulation (Makinson et al., 2011; Mueller et al., 2012; Robertson,
36 2013).

37 Mesoscale eddies in the open ocean can produce localized hot spots of
38 primary production, as eddy pumping brings nutrients, including dFe, from
39 deeper waters to the surface (Falkowski et al., 1991; McGillicuddy Jr., 2016).
40 In the case of Antarctic shelf ecosystems like the Weddell or Ross seas, eddies
41 also may travel beneath the ice shelf, transporting water and flushing the ice

42 shelf cavity (Årthun et al., 2013), increasing the amount of ice shelf melt
43 water that reaches the continental shelf. Recent work shows eddies possibly
44 provide a mechanism to enable meltwater from ice shelves to spread out into
45 the open ocean away from a buoyancy driven ice shelf front coastal current
46 (Li et al., 2016)(this issue). Through this combination of effects, eddies
47 potentially affect the supply of glacial melt water to the continental shelf
48 and the upwelling of dFe from CDW or benthic sources.

49 Following the work of McGillicuddy et al. (2015), this study focuses on
50 simulating the benthic supply of dFe to the SML, and compares the strength
51 of this source with other inputs from glacial melt water, sea ice melt water,
52 and CDW. Specifically, we examine the contributions of tides and mesoscale
53 eddies, and estimate their relative effects using a regional ocean model, sup-
54 plemented by data from a recent research cruise. Section 2 describes the
55 data obtained from the cruise, and details the simulations and analysis meth-
56 ods. Results are presented in section 3 that detail the effects of tides and
57 mesoscale eddies on the transport pathways of benthic waters, the depth of
58 the SML during austral summer, and the relative contribution to dFe from
59 each identified source. A discussion of the results and their implications on
60 the importance of including tides and resolving mesoscale eddies in future
61 simulations is presented in section 4.

62 **2. Methods**

63 *2.1. PRISM-RS Cruise*

64 The project Processes Regulating Iron Supply at the Mesoscale - Ross
65 Sea (PRISM-RS) (McGillicuddy et al., 2015) undertook an oceanographic

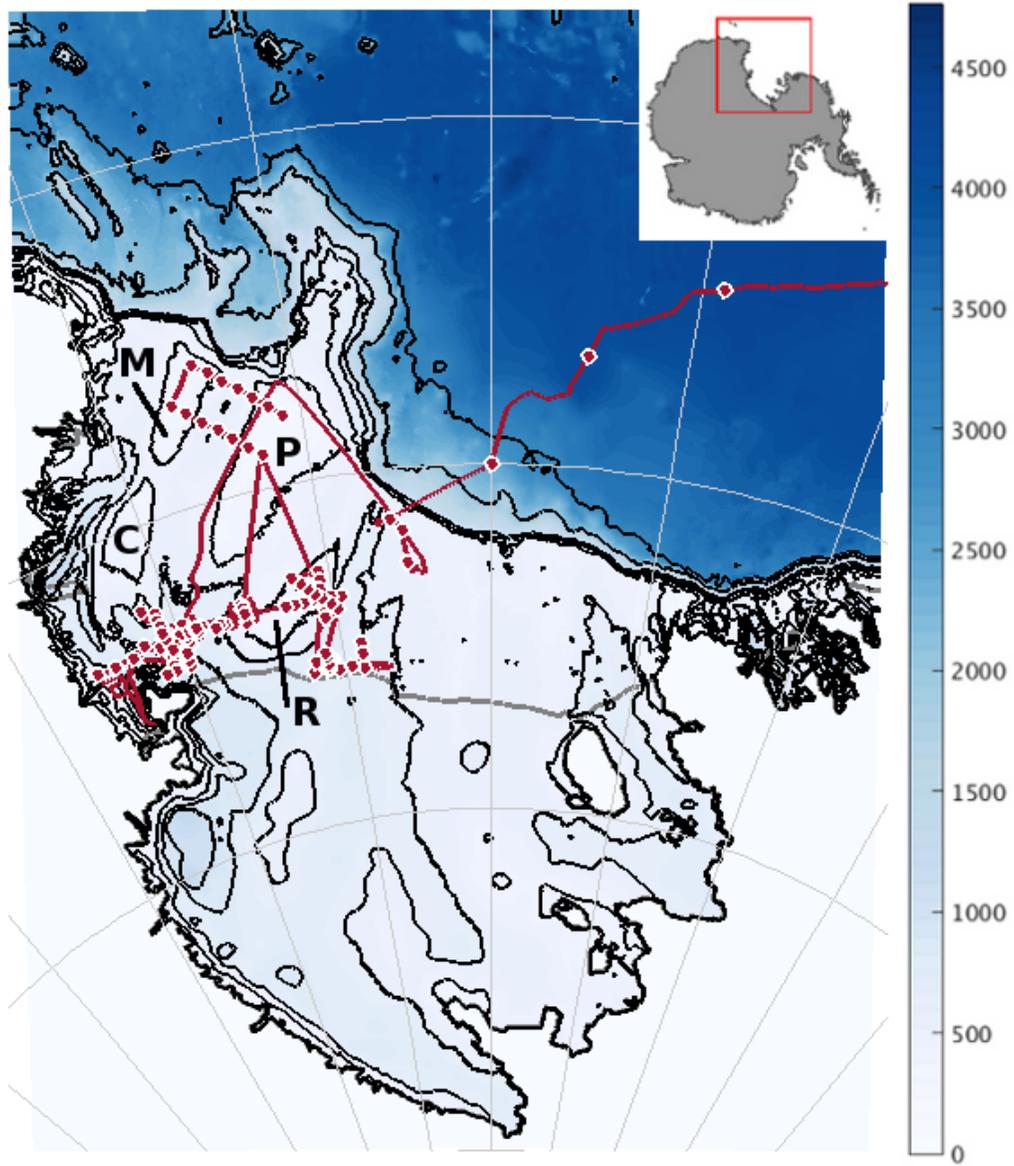


Figure 1: Model domain of the Ross Sea. Water column depth is in meters. Red line is the PRISM-RS cruise track, dots are CTD stations. Black lines are bathymetry contours, gray is ice shelf edge. M: Mawson Bank; P: Pennell Bank; C: Crary Bank; R: Ross Bank.

Instrument	Resolution	Data Collected	Depth Range
Underway	500 m	T,S,F,V,W	Surface only
CTD	10-20 km	T,S,F,I	All
MVP	2-5 km	T,S,F,LOPC	10-300 m
VPR	1 km	T,S,F, images	10-150 m

Table 1: Relevant PRISM-RS cruise meta-data and approximate horizontal resolution. See Fig. 1. T = Temperature; S = Salinity; F = Fluorescence; V = Velocity; W = Wind; I = Dissolved iron; LOPC = Laser Optical Plankton Counter

66 cruise aboard RVIB Nathaniel B. Palmer from December 24, 2011 to Febru-
67 ary 8, 2012 (Fig.1). The purpose of this project is to investigate the potential
68 sources of iron during the spring bloom and to assess their roles in support-
69 ing the Ross Sea ecosystem. To this end, the cruise focused on hydrographic
70 and trace metal measurements (Table 1), along with biological surveys of
71 phytoplankton processes. Specifically, the data collected included tempera-
72 ture and salinity measurements from a variety of instruments including CTD
73 casts, the ship’s underway system, and a Moving Vessel Profiler (MVP). Iron
74 measurements were made in samples collected using a trace metal CTD and
75 towfish underway system. A towed Video Plankton Recorder (VPR) was
76 used to collect information on phytoplankton distributions.

77 We use data from this cruise, specifically temperature and salinity mea-
78 surements from CTD, MVP, and VPR, to compare with model estimates of
79 mixed layer depth (MLD). As part of the MLD analysis, we also examine
80 wind measurements from the underway data. Finally, to formulate the pas-
81 sive tracer dye described in section 2.3, we use dissolved iron measurements

82 taken from the trace metal CTD samples (Marsay et al., 2014).

83 *2.2. Model Description*

84 The Ross Sea physical model is based on the Regional Ocean Modeling
85 System (ROMS v3.6) framework with finite differencing schemes and vertical
86 terrain-following levels (Haidvogel et al., 2008; Shchepetkin and McWilliams,
87 2005, 2009). This model was modified from a previous version (McGillicuddy
88 et al., 2015; Dinniman et al., 2011, 2007), and includes the Ross Ice Shelf
89 cavity, thermodynamic and mechanical effects of the ice shelf, and a coupled
90 sea ice model (Budgell, 2005). Bathymetry and under ice shelf topography
91 were updated using IBCSO (Arndt et al., 2013) and Bedmap2 (Fretwell et al.,
92 2013), respectively. Both bathymetry products were smoothed, first with a
93 Shapiro filter and then by hand, to eliminate pressure gradient force errors
94 in regions with steep changes in bathymetry or topography with respect to
95 the total depth.

96 Hindcast simulations were run for the period of September 15, 2010
97 through February 27, 2012. The model is forced with 6 hourly winds and
98 atmospheric temperatures from ERA-Interim (Dee et al., 2011). Monthly
99 sea ice concentrations on the open boundaries are from SSM/I data, while
100 ocean temperatures and salinities are from climatology (World Ocean Atlas
101 2001). Vertical mixing of tracers and momentum is determined with the
102 K-profile parameterization (KPP) scheme (Large et al., 1994), with the in-
103 clusion of a bottom boundary layer parameterization (Durski, 2004). Details
104 of this mixing scheme can be found in Marsay et al. (2014), supplementary
105 material.

106 The simulation time period allows the model to adjust from initial condi-

Simulation	Tidal Forcing	Horizontal Resolution
5	No	5 km
5T	Yes	5 km
1	No	1.5 km
1T	Yes	1.5 km
S5*	No	5 km

Table 2: Details of simulations used. *Simulation **S5** is a special case of **5** with repeat yearly forcing for 20 years.

107 tions (a 6 year spin-up, as was used in Dinniman et al. (2011)). Calculations
108 are performed over the last year of simulation, from the end of an austral
109 summer season (i.e., March 1, 2011) through the next summer season. Cal-
110 culating the total dFe sources supplied to the SML over the course of one
111 year allows us to estimate total iron supply. We note that by disregarding
112 biological uptake processes, the vertical gradient of dFe may be less sharp,
113 decreasing the amount brought to the surface by turbulent diffusion, and
114 making our estimates lower bounds.

115 In order to assess the effects of tides and mesoscale eddies on dFe supply
116 from various sources, we use four separate simulations (Table 2): with and
117 without tidal forcing at eddy resolving or eddy permitting horizontal resolu-
118 tions. The tidally forced simulations include constituents O1, K1, M2, and
119 S2, which are added at the boundaries as both sea surface height and veloc-
120 ity. Given the relatively small size of the regional model domain, including
121 the tide-generating-force as a body force is not necessary. The amplitude
122 and phase of the tidal constituents come from the CATS2008 tidal model

123 Padman et al. (2003), and are nodally corrected.

124 The model was run at two different resolutions, an eddy-permitting res-
125 olution of 5 km, and an eddy-resolving resolution of 1.5 km. To properly
126 resolve eddies, a ratio of two grid points per radius of deformation is needed
127 (Hallberg, 2013). Based on an estimated 5 km radius of deformation for
128 weakly stratified Antarctic continental shelves, a grid spacing of 1.5 km is
129 sufficient to resolve mesoscale eddies (St-Laurent et al., 2013). Thus, two
130 simulations use the 5 km grid spacing, as used in previous work with similar
131 models (Dinniman et al., 2011) to permit eddies, and two use 1.5 km hori-
132 zontal grid spacing to better resolve mesoscale eddies. We see an increase of
133 about 20% in surface Eddy Kinetic Energy (EKE) on the continental shelf
134 (inshore of 700 m) in January/February 2012 with increased resolution.

135 A fifth simulation, **S5**, was designed to test model stability over time.
136 Using the 5 km grid and no tidal forcing, we ran this simulation for 20 years,
137 using repeat forcing from the year Sept 15, 2010 to Sept 15, 2011. The results
138 from **S5** allow us to make estimates of adjustment time to initial conditions
139 and to determine that the model stabilizes over time and does not drift.
140 These technical results are not presented in this paper, but the long time
141 series provided by this simulation serve as a tool for determining significance
142 between simulations, as set out in section 2.4.

143 *2.3. Passive Tracer Dyes*

144 The model includes four passive tracer dyes, three of which, representing
145 CDW (dye_{CDW}), sea ice melt (dye_{SIM}), and glacial melt (dye_{GM}), have been
146 detailed in previous studies (Dinniman et al., 2011; McGillicuddy et al.,
147 2015). In brief, dye_{CDW} is initialized in off shelf waters that meet the criterion

148 for CDW (temperature greater than 0°C), and is diffused and mixed onto
149 the continental shelf by physical processes. Dye_{SIM} is input into the surface
150 layer of the model as a function of positive sea ice melt (ice formation does
151 not remove dye). Similarly, dye_{GM} is injected into the surface layer under
152 the ice shelves as a function of positive glacial melt rate. Calculations of
153 dye end member concentrations of dissolved iron and associated errors from
154 observations are given in detail in McGillicuddy et al. (2015).

155 These three dyes are initialized at the beginning of the simulations and
156 allowed to disperse throughout the model domain for the full year and a half.
157 This allows dye_{CDW} and dye_{GM} to travel from their source locations off shelf
158 and under the ice shelf to the continental shelf before being mixed upwards
159 over the course of the last model year. The concentrations of dye_{CDW} and
160 dye_{GM} in the surface mixed layer at the end of the first six months is less
161 than 1%, and has no impact on the final values we report. Dye_{SIM} does have
162 a significant concentration at the end of the first six months, but disperses
163 to extremely low concentrations over the course of the winter, and is likewise
164 negligible.

165 The fourth dye (dye_{bdFe}) was added as a proxy for benthic iron sources,
166 including sediment efflux and benthic remineralization. Observations from
167 the PRISM-RS cruise of the distribution of dissolved iron near the sea floor
168 were used to set the parameters for dye_{bdFe} . Following Marsay et al. (2014),
169 all measurements of dFe concentration below 200 meters depth, where the
170 bottom depth was at least 400 meters deep, were fit as a function of height
171 above bottom, z , with the suggested exponential:

$$dFe = 0.1 \text{ nM} + Ae^{Bz} \quad (1)$$

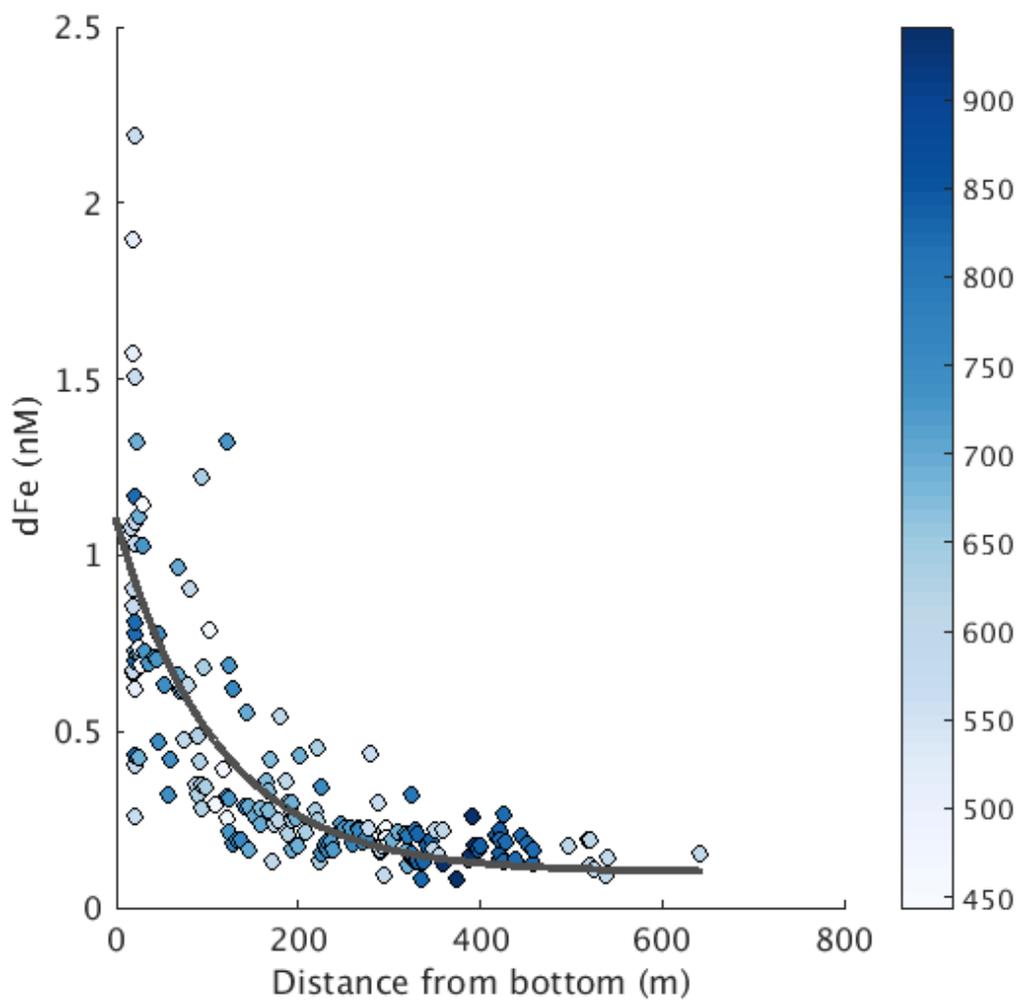


Figure 2: DFe measurements below 200 m from casts where bottom depth was greater than 400 m, given as a function of distance from the seafloor. Color bar is total water column depth in meters. Black line is exponential fit from equation 1. Adapted from Marsay et al. (2014).

172 Applying the fit to all dFe data (Fig. 2), yields fit parameters $A = 0.9973$
173 and $B = -0.00908$, with 95% confidence levels of [0.8837, 1.111] and [-
174 0.01083, -0.007334], respectively. Using this fit, we calculated the estimated
175 concentration of dFe in the bottom model layer at all on-shelf grid points
176 inshore of the 700 m isobath and deeper than 400 m. The average height
177 above bottom of this layer is 6.57 m with a range of 4.79 m to 14.68 m, and
178 the expected dFe concentration at 6.57 m above the seafloor is $1.04 \text{ nM} \pm$
179 0.22 nM , which sets the end member for dye_{bdFe} .

180 In the model, dye_{bdFe} is initialized at all grid points inshore of the 700 m
181 isobath, at depths greater than 400 m. Under ice shelf points are excluded,
182 as there is no data to properly represent benthic sources there. The dye
183 is held at a constant value in the bottom layer, allowing transport to be
184 determined by vertical mixing, turbulent diffusion, and horizontal advection.
185 It is essentially an infinite source that operates under the assumption that
186 flux into the benthic layer from sediments or remineralization is in steady
187 state with flux out of the benthic layer. As the model represents only physical
188 processes, and not any biological uptake parameters, dye_{bdFe} is not initialized
189 until the end of the first simulation summer (i.e., March 1, 2011). The dye
190 that makes it to the surface by the end of the simulation represents the input
191 over the course of one year, and thus represents a reasonable estimate of
192 what is available for biological uptake during the growing season.

193 This formulation of dye_{bdFe} allows it to be used not only as a proxy for
194 benthic dFe supply, but also to illustrate vertical mixing on the continental
195 shelf and the lateral advection of benthic waters off shelf and under the ice
196 shelf.

Dye	dFe End Member (nM)	Source
dye_{CDW}	0.27 ± 0.05	Sedwick et al. (2011); McGillicuddy et al. (2015)
dye_{SIM}	10.0 ± 5.0	McGillicuddy et al. (2015); Lannuzel et al. (2010)
dye_{GM}	29.0 ± 21.0	McGillicuddy et al. (2015)
dye_{bdFe}	1.04 ± 0.22	Marsay et al. (2014)

Table 3: End member concentrations for model passive tracer dyes.

197 *2.4. Simulation Significance Criterion*

198 When comparing simulations, it is useful to have a criterion to deter-
199 mine if solutions are significantly different from one another. As the simu-
200 lations used here (Table 2) are realistic hindcast simulations for a specific
201 time period, instead of using a traditional ensemble calculation, we develop
202 a Simulation Significance Criterion (SSC), using output from **S5**, the 20 year
203 simulation with annually repeating forcing, to establish statistical signifi-
204 cance.

205 Perhaps the best way to describe the SSC is with an example. Consider
206 a comparison of dye_{GM} in the on-shelf SML between the simulations, where
207 dye_{GM} is a one-dimensional time series. Using STL (Seasonal Trend using
208 Loess (Cleveland et al., 1990)) on dye_{GM} from simulation **S5**, we decompose
209 the signal into a non-linear trend, a seasonal cycle, and sub-annual variability
210 (residuals) (Fig. 3). As we are focused on processes on the time scale of one
211 year or less, the sub-annual variability is an appropriate representation of
212 variability. Specifically, if the amount of dye_{GM} in two different simulations
213 is different by more than the sub-annual variability from simulation **S5**, then
214 we consider results to be significantly different. To quantify this simply, we

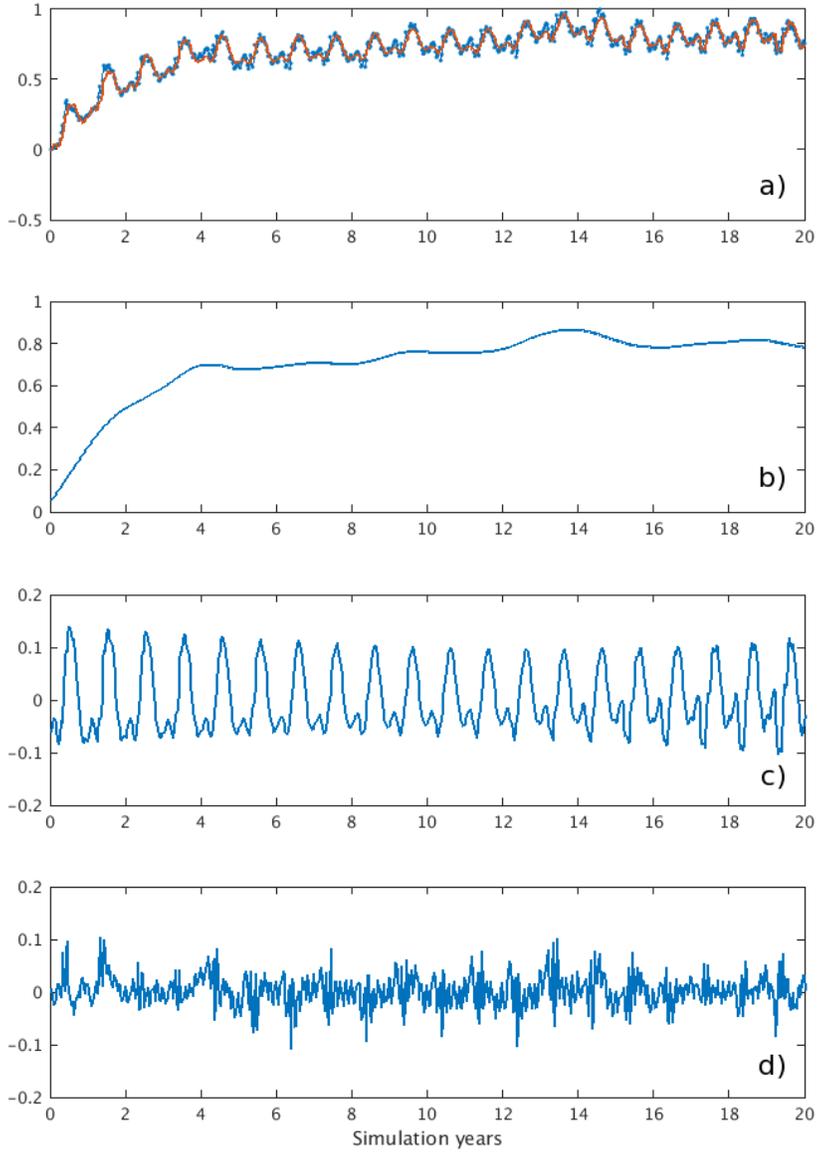


Figure 3: STL (Seasonal Trend using Loess) (Cleveland et al., 1990) decomposition of dye_{GM} from simulation **S5** with annually repeating forcing. a) Dots are original timeseries normalized by the maximum value, solid line is the fit (trend plus seasonal cycle). b) Non-linear trend. c) Seasonal cycle. d) Sub-annual variability.

215 take the RMS of the sub-annual variability, and divide by the RMS of the
216 rest of the time series (annual fit and non-linear trend), obtaining a fraction
217 (or percent) as a threshold of significance:

$$SSC = \frac{RMS(subannual)}{RMS(trend + fit)} \times 100 \% \quad (2)$$

218 This method can be applied to any variable or parameter expressed as a time
219 series. We apply it specifically to average mixed layer depth and the amount
220 of dye tracers in the SML. Note that even as the model accumulates dye over
221 time (from consistent sources, and export through open boundaries is the
222 only sink), the magnitude of the sub-annual variability (Fig. 3d) stays the
223 same. This is true for all four dyes as well as their sum.

224 *2.5. Mixed Layer Depth Calculations*

225 The literature lists many ways to calculate mixed layer depth (MLD),
226 from exceeding a threshold or gradient condition to more involved methods
227 (Holte and Talley, 2009). Here we follow de Boyer Montégut et al. (2004)
228 and apply a threshold method using temperature and density, which has been
229 demonstrated to work well in the Southern Ocean (Dong et al., 2008). For
230 data from the PRISM-RS cruise, we set the reference level to be a depth of
231 10 m, to avoid ephemeral surface effects. For simulation output, the reference
232 level is set to the top model layer (thickness of 1 m in shallow areas, and up
233 to 15 m over abyssal depths). Using the second model layer instead has little
234 to no effect on the end result.

235 The MLD is then defined as the shallowest depth below the reference layer
236 that meets the criterion $|\Delta T| \geq 0.2^\circ\text{C}$ or $\Delta\rho \geq 0.03\text{ kgm}^{-3}$. For the most
237 part, MLD in the Ross Sea is controlled by salinity gradients, although some

238 locations near the ice shelf front have a shallower mixed layer depth based on
239 the temperature criteria. There are also instances where deep winter mixing
240 reaches the seafloor, and MLD is limited by that depth.

241 **3. Results**

242 *3.1. Benthic dye pathways*

243 Simulation output from simulation **5** is used as the base case, and an-
244 alyzed to determine the pathways of dye_{bdFe} . Starting in March 2011, in
245 the bottom model layer, dye_{bdFe} is initialized at 100 dye units inshore of
246 the 700 meter isobath only where the water column depth is greater than
247 400 m(locations with 100 in the first panel of Fig. 4). Dye_{bdFe} is zero else-
248 where and at all points under the ice shelf. The dye flows off the western
249 side of the shelf break, approximating the flow of dense High Salinity Shelf
250 Water (HSSW) that sinks and entrains ambient water to form Antarctic Bot-
251 tom Water(AABW). Dye concentrations here range from 20-30, indicating
252 that the bottom water from the shelf forms 20-30% of what becomes AABW
253 derived from the Ross Sea. This matches estimates of the benthic layer con-
254 taining 25% HSSW off Cape Adare (Gordon et al., 2009), or 30% at 1500 m
255 depth on the western continental slope.

256 On the western side of the Ross Ice Shelf, the dye intrudes and continues
257 towards the grounding line, illuminating the pathway of HSSW into the ice
258 shelf cavity which impacts basal melting (Fig. 4). There is a small intrusion
259 on the east side that develops quickly, but does not advance very far under
260 the ice shelf, keeping the amount of dye constant after about mid-winter.

261 In the center of the continental shelf, benthic waters from deeper locations

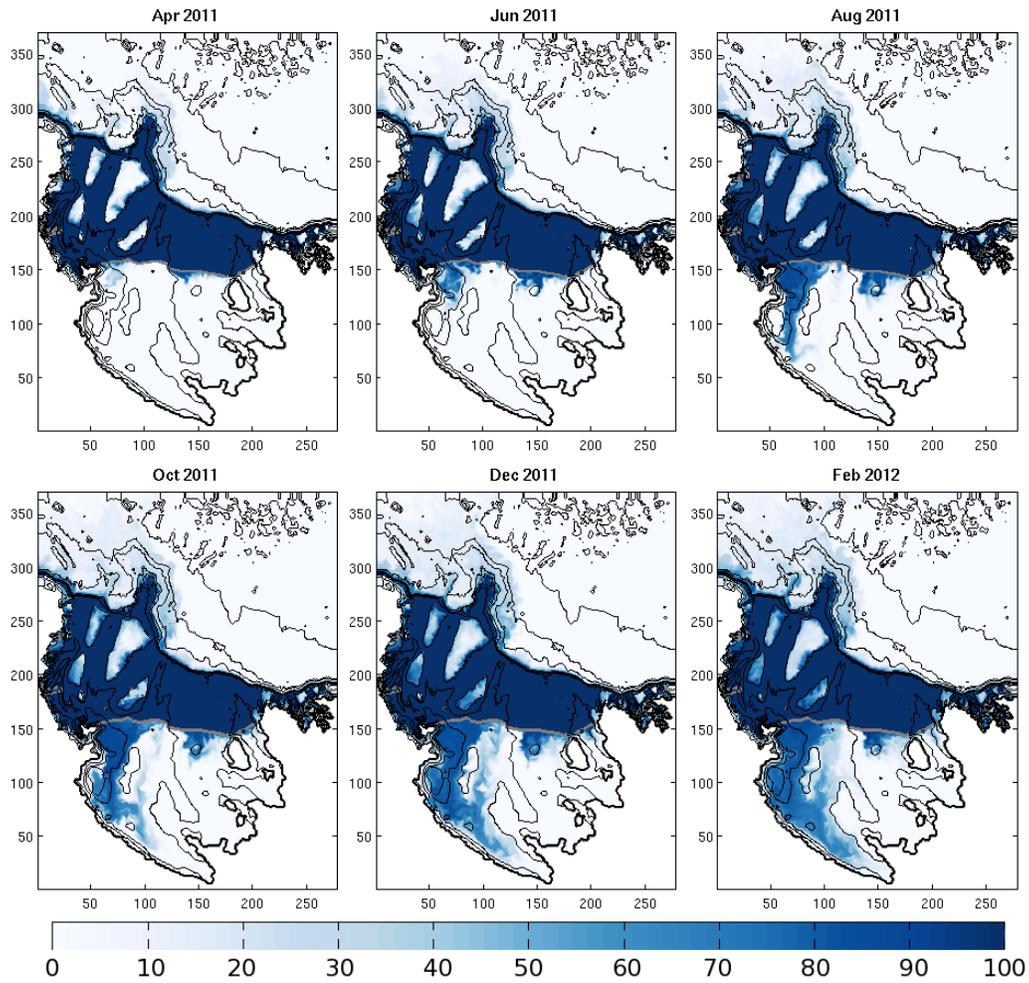


Figure 4: Monthly snapshots of dye_{bdFe} in the bottom model layer for the last year of simulation **5**. Color bar is in dye units, where the dye was initialized at 100. Black lines are bathymetry contours, gray line is the ice shelf front. X/Y axes indicate simulation grid points.

262 are mixed over the banks during the course of the year. In particular, more
263 than 50% of the bottom water on Mawson and Ross banks is from deeper
264 areas of the shelf, while Pennell Bank has significantly less. The depths of
265 these banks are relatively similar, but Pennell is the widest and flattest of
266 the three.

267 Using a December-January-February (DJF) average, we capture the con-
268 centration of the dye during the austral summer months for all simulations
269 (Fig. 5). Increased horizontal resolution in simulations **1** and **1T** shows less
270 dye over Crary bank (south of Mawson), although there is no obvious mech-
271 anism for it. There is also less dye on the far eastern side of the shelf, and
272 under the middle of the ice shelf. However, the amount of dye that leaves
273 the shelf in AABW increases.

274 When tidal forcing is added in simulations **5T** and **1T**, the amount of
275 dye over Mawson and Pennell banks increases. A probable mechanism for
276 this increase in dye_{bdFe} is the increase of onshore velocities with tides along
277 the western side of the banks near the shelf break at depth. Increased energy
278 and mixing sloshes dye from depth up onto the banks from the western side.
279 The same effect is not seen at Ross and Crary banks, as they are too far
280 removed from the shelf break, where tides are weaker. Under the ice shelf,
281 the western side has more dye, indicating an increased flushing of the ice
282 shelf cavity with tides, and the eastern side of the ice shelf front also shows
283 more dye intruding.

284 Surface (i.e., top model layer - several hundred meters below sea level
285 under the ice shelf) dye_{bdFe} indicates where upwelling and significant vertical
286 mixing occurs (Fig. 6). Two months after the dye_{bdFe} is initialized, it begins

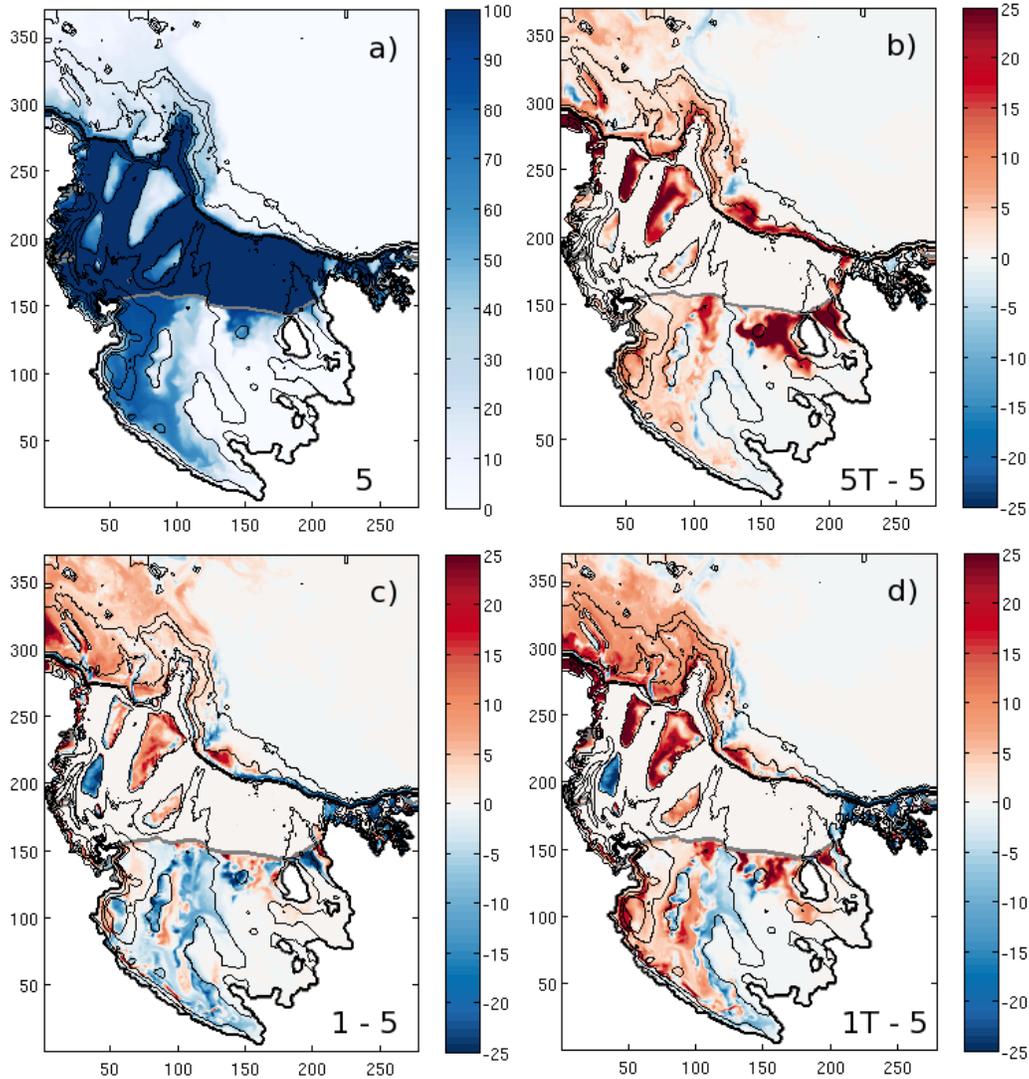


Figure 5: Average amount (DJF) of benthic dye in bottom model layer. a) Results from simulation **5**; b,c,d) Difference between simulation **5** and **5T**, **1**, **1T**, respectively. Positive values indicate more dye in that simulation, negative values indicate less. Colorbar is in dye units; black lines are bathymetry; gray line is the ice shelf front. X/Y axes indicate simulation grid points from 5 km grid.

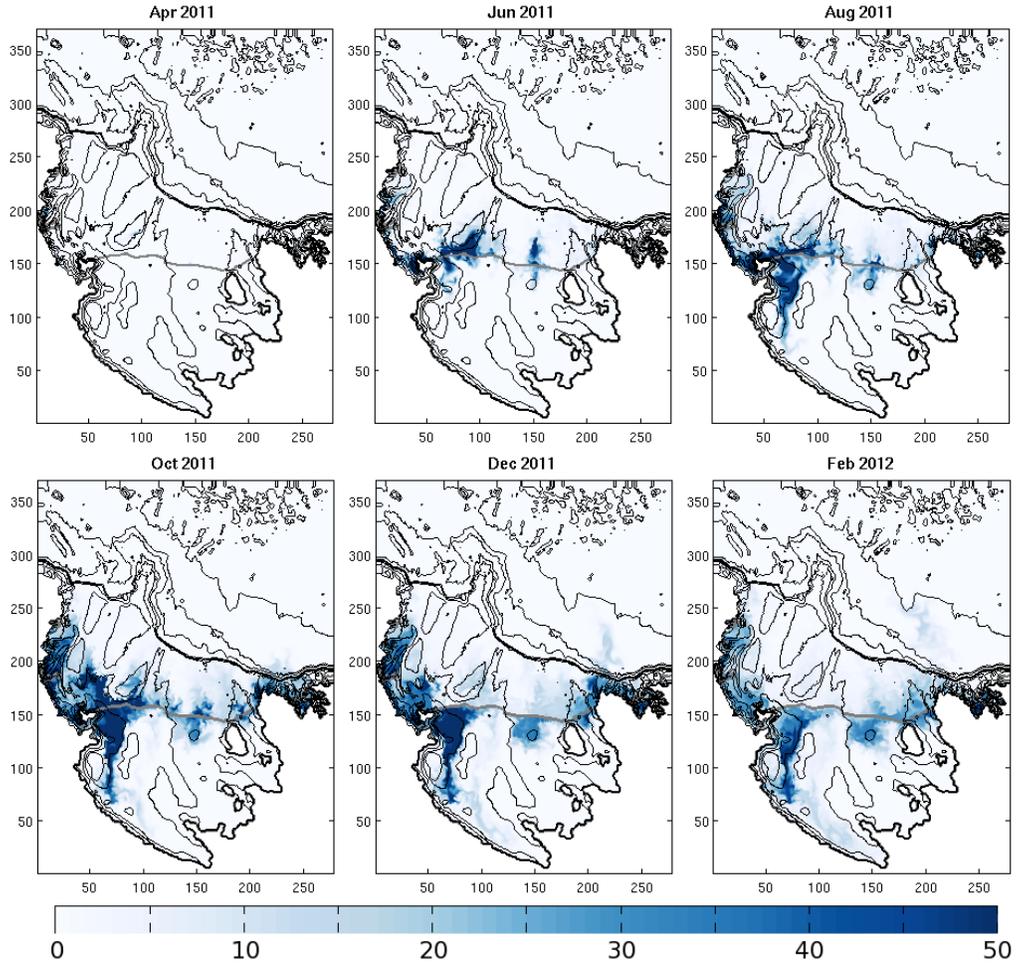


Figure 6: Monthly snapshots of dye_{bdF_e} in the top model layer for the last year of simulation **5**. Colorbar is in dye units, where the dye is initialized at 100. Black lines are bathymetry contours, gray line is the ice shelf front. X/Y axes indicate simulation grid points. Note the color bar scale is different from Fig. 4

287 to reach the surface along the front of the Ross Ice Shelf, and near Terra
288 Nova Bay, both persistent polynya locations with strong vertical mixing and
289 sites of HSSW formation. It also quickly shows up under the Ross Ice Shelf
290 at the deep intrusion, indicating that flushing of the ice shelf cavity extends
291 over all depth levels.

292 In November, some of the dye leaves the shelf in a surface plume from
293 the eastern side of the shelf break. By the start of austral summer, the
294 amount of benthic dye in the surface layer on the western side of the shelf
295 has significantly decreased from earlier in the year, indicating that the surface
296 dye has dispersed, and the supply of dye from below has shut down due to
297 less vertical mixing in summer. A similar reduction in dye intensity under
298 the western side of the ice shelf also occurs, showing the pathway for that
299 surface dye to be advection from surface waters outside the ice shelf, and not
300 vertical mixing of dye already under the ice shelf at depth.

301 DJF average dye_{bdFe} at the surface (Fig. 7) shows that increased resolu-
302 tion in simulations **1** and **1T** lessens the amount of dye under the western
303 side of the ice shelf indicating that eddies are either decreasing advection
304 under the ice shelf front or suppressing vertical mixing on the southwestern
305 continental shelf, or that increased horizontal resolution steepens bathymet-
306 ric slopes. The amount of dye on the eastern side of the shelf also lessens at
307 higher resolution.

308 When tidal forcing is added in simulations **5T** and **1T**, there is generally
309 more dye over the entire continental shelf, concentrated on the western side,
310 as tides increase vertical mixing. Likewise, the amount of dye just under the
311 ice shelf front also increases. Interestingly, in all simulations except for **5**,

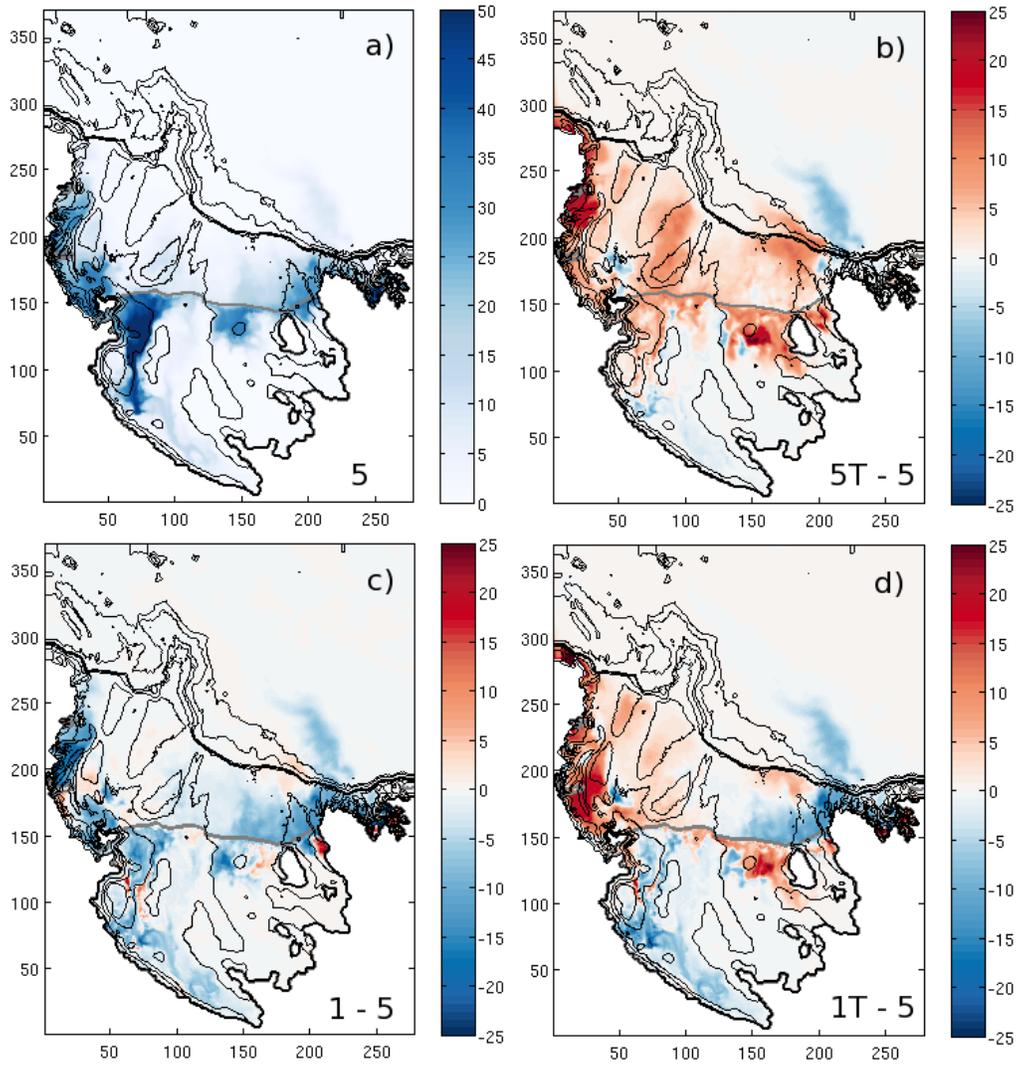


Figure 7: Average amount (DJF) of benthic dye in surface model layer. a) Results from simulation **5**; b, c, d) Difference between simulation **5** and **5T**, **1**, **1T**, respectively. Positive values indicate more dye in that simulation, negative values indicate less. Colorbar is in dye units; black lines are bathymetry; gray line is the ice shelf front.

Source	J/F MLD	Stdev	SSC
5	18.32 m	7.63	± 1.085 m
5T	18.71 m	7.69	± 1.108 m
1	17.63 m	6.31	± 1.044 m
1T	18.78 m	6.50	± 1.112 m
CTD/VPR	34.36 m	21.31	N/A
Climatology	20.49 m	7.27	N/A

Table 4: Average mixed layer depths (MLDs) on the continental shelf for January through February 2012 from simulations, PRISM-RS cruise data, and global climatologies (Kara et al., 2003), given with standard deviations (Stdev). SSC for simulations is shown as the percentage SSC times the average MLD.

312 the surface off-shelf plume disappears, but the reason for this is unclear.

313 3.2. Mixed layer depth

314 To calculate how much dFe gets to the surface ocean in the simulations,
315 we define surface ocean as the SML, or the water above the MLD. Using
316 the method described in section 2.5, we determine MLDs for each of the 4
317 simulations, the PRISM-RS cruise data, and from climatology (Kara et al.,
318 2003) (Table 4). For the simulations and climatology, only MLDs calculated
319 inshore of the simulation defined 700 m isobath are used, while for PRISM-RS
320 cruise data, all MLDs on the continental shelf from CTD and VPR data are
321 used. Based on the SSC for each simulation the average MLD for January-
322 February 2012 does not significantly vary between simulations. Comparison
323 with climatology gives similar MLD values and similar variability. However,
324 data from the PRISM-RS cruise is quite different, showing a MLD that is

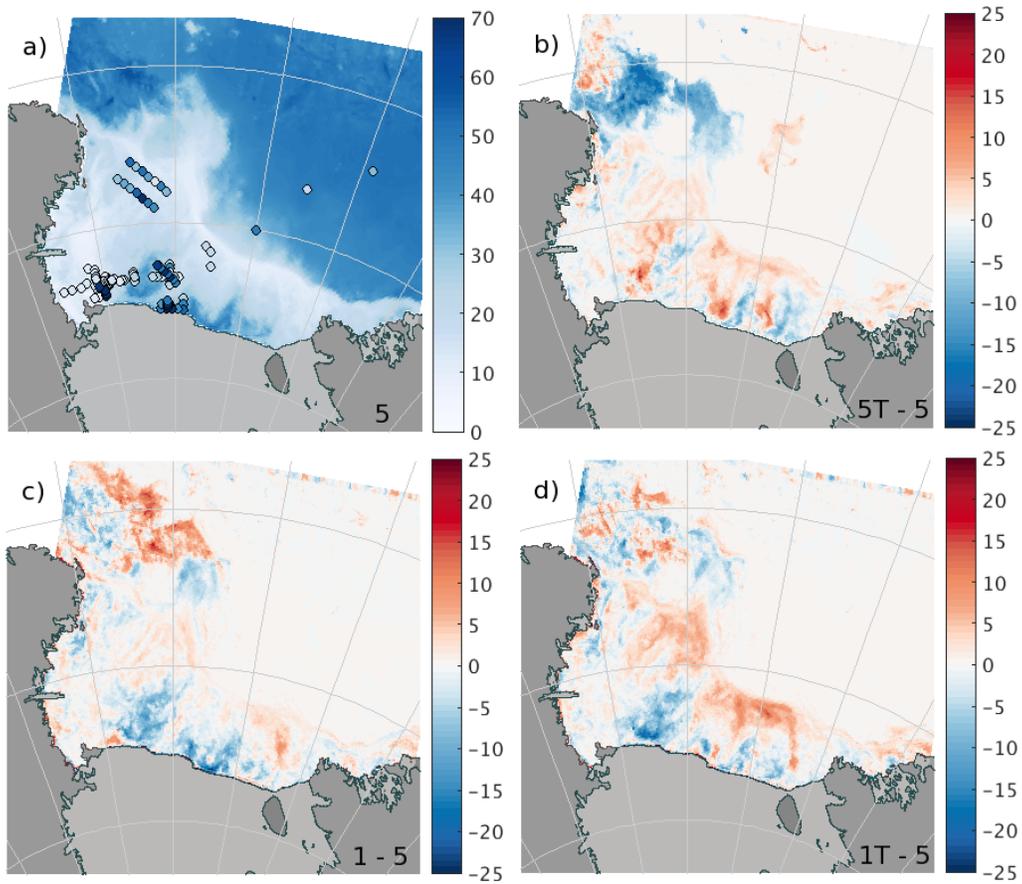


Figure 8: Average mixed layer depth for simulations for January/February. a) Background is simulation **5**; dots are MLDs from PRISM-RS CTD stations. b, c, d) Differences between simulation **5** and **5T**, **1**, **1T**, respectively. Positive values indicate increased MLD, negative indicate decreased.

325 significantly deeper, by over 10 m, than climatology or simulation derived
326 values, with much greater variability.

327 Areas where simulated MLD differs greatly from observed MLDs are along
328 the ice shelf front, and at a few stations over Ross Bank (Fig. 8a). In general
329 the model correctly simulates stations that have relatively shallow MLDs,
330 but has a more difficult time with deeper MLDs, at least during the summer
331 months. There also is no significant improvement in MLD estimation from
332 simulations **5T,1**, or **1T**.

333 We argue that this difference in MLDs is a result of the coarseness of
334 resolution of climatological data (1°), and of the atmospheric forcing ap-
335 plied to the model simulations (80 km resolution). A comparison of the
336 PRISM-RS along-track wind speeds with ERA-Interim (Dee et al., 2011)
337 wind speeds used to force the model shows a similar temporal variability,
338 but the maximum observed winds are stronger than those in ERA-Interim.
339 It has previously been shown that increasing the resolution of atmospheric
340 models improves the simulation and strength of coastal winds in the Antarc-
341 tic (Bromwich et al., 2013; Dinniman et al., 2015) and that this can deepen
342 mixed layers in simulations of the Ross Sea (Mathiot et al., 2012). Thus we
343 suggest that the inability of the simulation to accurately represent MLDs is
344 at least partially the result of the lower resolution of atmospheric data used
345 to force the model.

346 Comparing the spatial pattern of MLD (Fig. 8), we see that MLDs for
347 the different simulations are by no means the same. When tidal forcing is
348 added to simulation **5**, there is a strong decrease in MLD off shelf in the
349 northwest region, primarily because tides help break up the retreating sea

350 ice, allowing shallower MLDs to form earlier (Mack et al., 2013). MLDs on
351 shelf for simulations **5T** and **1T** show a shift in pattern from their non-tidal
352 counterparts: along the ice shelf front some areas become shallower and some
353 deeper. Adding tides at both resolutions also increases the MLD on the outer
354 portion of the shelf, near the shelf break, as tides have the strongest impact
355 there. An increase in horizontal resolution mainly decreases the MLD along
356 the ice shelf front, as eddies that have trapped relatively fresh Ice Shelf Water
357 suppress vertical mixing. There are some complex changes to MLD in off-
358 shelf waters in the northwest as this is an area with fairly high eddy activity,
359 modifying MLD at smaller spatial scales.

360 Overall, while the average MLD does not differ greatly between simula-
361 tions, the difference in spatial pattern suggests that MLD may play a sig-
362 nificant role, alongside actual supply of dFe, in determining how much dFe
363 reaches the SML and is available to support biological production.

364 *3.3. Dissolved iron supply*

365 We first consider the amount of dFe supplied to the SML in each sim-
366 ulation from each source for the final four months of simulation, i.e., the
367 2011-2012 growing season (Fig. 9). All four simulations show the same
368 general characteristics as time progresses. The supply of dFe is dominated
369 by dye_{bdFe} in November and December, and decreases as the mixed layer
370 shallows in summer. As sea ice begins to melt, the contribution from dye_{SIM}
371 increases, roughly matching that of dye_{CDW} in December, and then dominat-
372 ing in January and February. The amount of dye_{bdFe} significantly decreases
373 with increased resolution (**1** and **1T**) in all months due to shallower MLDs
374 near the ice shelf front, and decreased vertical mixing on shelf. At the same

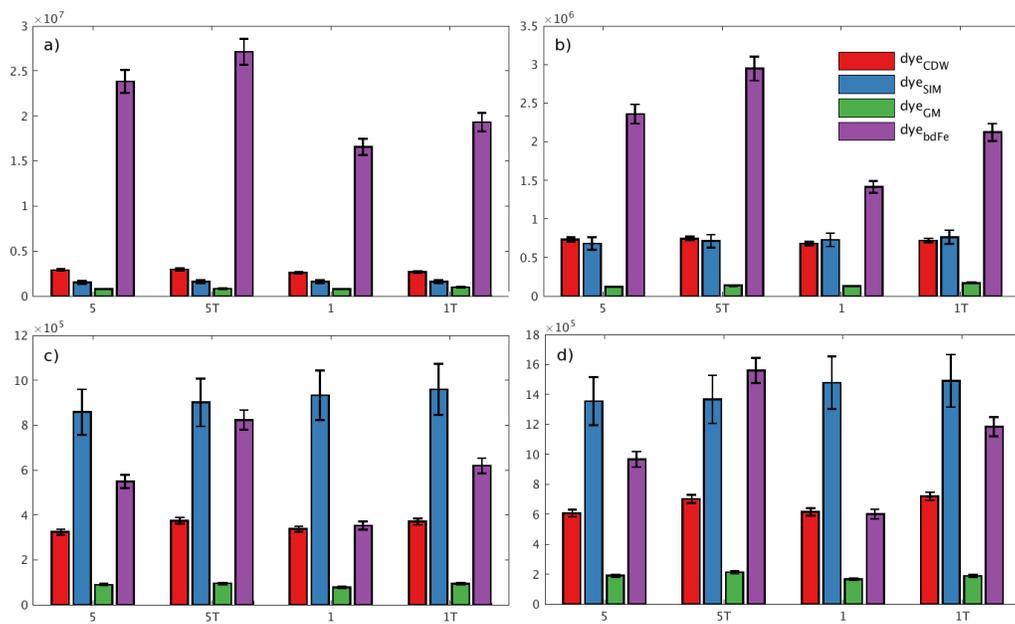


Figure 9: Bar graph showing the contribution of each dFe source to the total amount in the SML on the continental shelf (inshore of 700 m). Units are moles dFe. Error bars are SSC. a) November, b) December, c) January, d) February.

375 time, dye_{bdFe} increases with tides in all months, rendering the net effect of
376 tides and eddies not significant (5 vs 1T). Dye_{CDW} shows a similar effect - it
377 increases with the addition of tidal forcing, as tides increase how much CDW
378 intrudes onto the continental shelf (**5T** and **1T**), although the magnitude is
379 much less than the changes seen with dye_{bdFe} . Tidal forcing also increases
380 the amount of dye_{GM} in all months except November, as tidal rectification
381 induces more exchange of waters across the ice shelf front and thus more
382 melting, however the contribution is by far the smallest of the four sources.
383 Dye_{SIM} does not show a significant difference in the amount of dFe supplied
384 between different simulations. Based on this representation of dFe in the
385 SML, January is the first month in which all dye sources are fully devel-
386 oped, and the ice is melted enough to allow a significant spring bloom of
387 phytoplankton.

388 The spatial distribution of dFe in the mixed layer on the shelf (inshore of
389 700 m) in January illustrates specifically where the total dFe supplied differs
390 between each simulation (Fig. 10). In general, we see higher concentrations
391 of dFe on the western side of the continental shelf, with the lowest amounts
392 on the middle shelf. When the horizontal resolution is increased (simulations
393 **1** and **1T**), the concentration of dFe on the eastern side of the shelf decreases
394 while the smaller scale variability along the western side of the shelf shifts.
395 With the addition of tidal forcing (simulations **5T** and **1T**), the amount of
396 dFe increases over almost the entire shelf, and is greatest on the western edge
397 where tides are the strongest.

398 Iron supply on the shelf in the SML separates into two distinct regions:
399 areas on the outer portion of the shelf or on the western side that are domi-

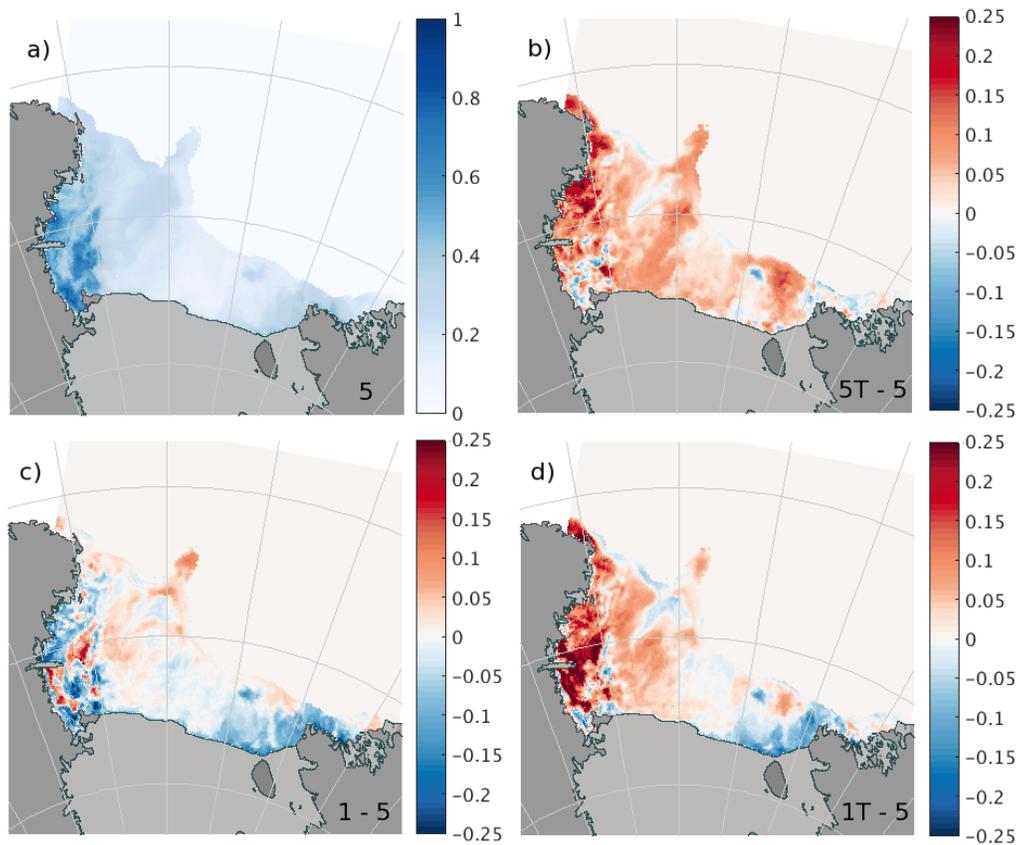


Figure 10: Dissolved iron supply (nM) in the surface mixed layer on the continental shelf (inshore of 700 m) for January. a) Simulation **5**. b, c, d) Differences between simulation **5** and simulations **5T**, **1**, **1T**, respectively. Positive values indicate more dFe in the simulation, negative values indicate less.

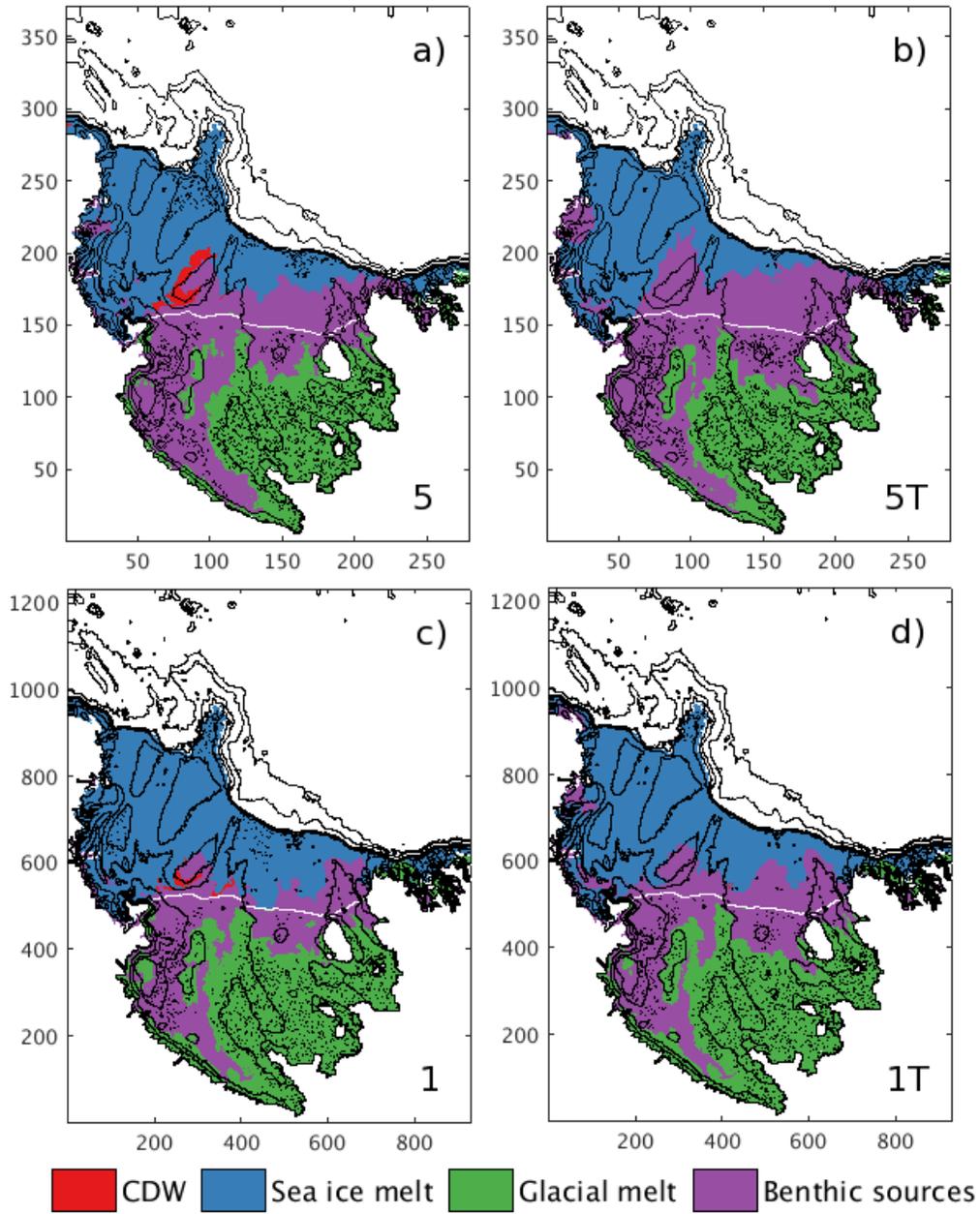


Figure 11: Color indicates dominant source of surface layer dFe for January 2012 for simulations a) **5**, b) **5T**, c) **1**, d) **1T**. Speckled areas indicate that source provides at least 75% of dFe. Solid black lines are bathymetry; white line is ice shelf front.

400 nated primarily by sea ice melt (dye_{SIM}), and areas on the inner shelf that
401 are dominated by benthic iron supply (dye_{bdFe}) (Fig. 11). Dye_{CDW} is the
402 dominant source only over portions of Ross Bank in simulations **5** and **1**.
403 Glacial melt (dye_{GM}) only dominates at locations under the ice shelf. We
404 define dominance simply as the source that makes up the greatest percentage
405 of dFe in each grid cell. If we set the threshold for the speckled areas (Fig.
406 11) to 50%, the entire model domain, except for some areas along the edge
407 of the ice shelf front, is speckled. Similarly, if we set it to 90%, only a few
408 areas off-shelf dominated by sea ice melt, and deep under the ice shelf on
409 the eastern side, are speckled. This indicates that even though some areas
410 are clearly dominated by one process, there is no location on the continental
411 shelf that is supplied by only one source. Thus, to understand the supply
412 of dFe on the continental shelf, a comprehensive source analysis is indeed
413 necessary.

414 **4. Discussion & Conclusion**

415 The formulation of dye_{bdFe} in the model, despite the lack of information
416 regarding direct efflux from sediment and remineralization rates, provides a
417 reasonable representation of how much benthic dFe is supplied to the SML.
418 Results from McGillicuddy et al. (2015) give a total dFe supply of about
419 $7.8 \mu\text{mol m}^{-2} \text{ yr}^{-1}$, while simulation estimates range from 5.60 to $7.95 \mu\text{mol}$
420 $\text{m}^{-2} \text{ yr}^{-1}$. As our formulation for dFe supply from CDW, sea ice melt, and
421 glacial melt is similar to McGillicuddy et al. (2015), this close correspon-
422 dence indicates that we are using a reasonable representation for benthic dFe
423 sources. For modeling purposes, an estimate of bottom layer dFe concentra-

Source	5	5T	1	1T	SSC
dye_{CDW}	1.25	1.37	1.22	1.35	$\pm 3.82\%$
dye_{SIM}	2.17	2.24	2.34	2.40	$\pm 11.80\%$
dye_{GM}	0.30	0.33	0.28	0.33	$\pm 4.11\%$
dye_{bdFe}	2.91	4.00	1.77	2.93	$\pm 5.35\%$
Total	6.63	7.95	5.60	7.01	$\pm 3.83\%$

Table 5: Total dFe in the SML for each simulation from each source on the shelf (inshore of 700m, averaged over DJF). Units are $\mu\text{mol m}^{-2} \text{yr}^{-1}$. Final row shows the total dFe supplied from each simulation.

424 tion is sufficient, assuming close to steady state. The recent measurements
425 presented by Marsay et al. (2014), and their suggested exponential fit of
426 benthic dFe as a function of distance from the sea floor provides a sufficient
427 estimate of benthic dFe concentration on the continental shelf. Similar to
428 Gerringa et al. (2015), we find that the inner shelf region near the Ross Sea
429 polynya is mostly dominated by benthic sources of dFe.

430 Estimates of iron supply from different simulations in DJF suggest that
431 CDW supplies 17-22% of dFe to the SML, sea ice melt 28-42%, glacial melt 4-
432 5%, and benthic sources 32-50% (Table 5). The greatest difference between
433 simulations is in the amount supplied by dye_{bdFe} . Tidal forcing increases
434 the dFe supplied by dye_{bdFe} by increasing mixed layer depths and increasing
435 vertical turbulent diffusion, while increasing horizontal resolution has the
436 opposite effect. We hypothesize that, as eddies were most expected to affect
437 the supply of iron from glacial melt and that source is an order of magnitude
438 below the others, local effects from eddy downwelling override any increase

439 in dye_{GM} supply. This trend holds true for the total dFe from all sources,
440 indicating that changes to the benthic dFe supply in simulations dominate
441 the changes to total supply. Interestingly, the net result from adding tidal
442 forcing and increasing horizontal resolution (**1T**) is not significantly different
443 from the original model configuration (**5**).

444 Despite a close to net zero change in total supply between simulations **5**
445 and **1T**, we argue that including tidal forcing and eddy resolving horizontal
446 resolution is necessary to capture the spatial variations in dFe surface con-
447 centrations over one year, which vary by up to ± 0.25 nM. This is particularly
448 true for the banks and the western portion of the continental shelf, which
449 show a significant increase in the amount of dye_{bdFe} with the addition of tidal
450 forcing.

451 When considering MLD, and comparing to changes in dFe in different
452 simulations, it is interesting to note that areas with the largest changes in
453 MLD (Fig 8) correspond to areas with the least change in total dFe supply
454 between simulations (Fig. 10). Thus the changes to MLD between simu-
455 lations have a damping effect on the changes in dFe concentration, e.g., a
456 decrease in MLD negates an increase in dFe supply at that location. If we
457 used a constant MLD across simulations, the differences in dFe supply would
458 be amplified. Also of interest is that the locations where the model does
459 poorest in predicting observed MLDs correspond to locations that show the
460 greatest changes in MLDs between simulations, specifically over Ross Bank
461 and along the front of the ice shelf. Again we make the point that atmo-
462 spheric data of sufficient resolution to resolve short, high intensity storms
463 may make a significant impact on these results.

464 Important next steps for this work include determining the impact of in-
465 cluding tides and resolving mesoscale eddies for other Antarctic shelf seas
466 when considering biogeochemical processes in a regional context. Tides are
467 particularly strong in parts of the Ross Sea, while the neighboring Amund-
468 sen Sea shows significant effects from resolving mesoscale eddies (St-Laurent
469 et al., 2013). Another important advancement would be to move past the
470 use of dyes alone and couple a biogeochemical model (Tagliabue and Arrigo,
471 2005) to the physical model of the Ross Sea. Parameterizing biological uptake
472 and scavenging would remove dFe from the model, and simulations run over
473 multiple years would capture inter-annual variability and better constrain
474 the total dFe supply.

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